

Committee for Seniors and Citizens in Need
February 26, 2026, at 8:30 a.m.

The Committee for Seniors and Citizens in Need (CSCN) met on Thursday, February 26, 2026, at 8:30 a.m. in the Bel Air Police Department Community Room, 39 N. Hickory Avenue, Bel Air, MD.

MEMBERS PRESENT: Michael Santome, Chair of CSCN, Nurse Care Manager, Upper Chesapeake CTO
Vickie Bands, Vice-Chair; RN, Director, Upper Chesapeake Community Outreach
Debra Hanley, Brightview Assisted Living
Karen Winkowski, Administrator, Harford County Office on Aging
Jasmine Stock, Sheppard Pratt, ACT Team Therapist
Greg LaCour, Bel Air United Methodist Church

IN ATTENDANCE: Gavin Hanley, Commissioner, Liaison
David Anderson, Public Relations Specialist
Stephanie White, Economic Development Grants Coordinator
Chip Carter, Bel Air Police Department, LEED Coordinator
Charles (Chuck) Moore, Bel Air Chief of Police
Kelly Burgos, Recording Secretary
Kristine Reinhardt, Town of Bel Air Administrative Secretary
Stephanie Shatley, peer support specialist

ABSENT: Bari Klein

1. Welcome and Introductions

Mr. Santome called the meeting to order at 8:35 a.m.

- a. Introduce Stephanie Shatley, peer support specialist
-Mr. Santome introduced Ms. Shatley. Ms. Shatley shared information about herself and the CSCN committee members and attendees introduced themselves.

2. Review the Agenda

Today's agenda was distributed and discussed.

3. Vote and Approval of the Minutes – January 22, 2026

Ms. Stock moved, and Ms. Band seconded the motion to approve the minutes of the January 22, 2026, meeting. All in favor. The motion carried.

4. Old Business

- a. AARP Grant Update
 - Grant submitted for \$2,500
 - Grant will be awarded in May if received
 - 1 class: Fall Prevention

- Items to be handed out: grabbers, night lights, slip pads for shower, and car cane
 - 12 people in a class
 - 2 nurses as the instructors
 - 2-hour classes in the fall for 8 weeks
 - No armory rental fee
 - Class must be finished by December 2026
- b. Survey
- Mr. Santome still has the surveys and will contact the people.
- c. Blue Zones “Wellness Program & Senior University”
- Ms. Bands suggested the CSCN members watch “Live to 100: Secrets of the Blue Zones” on Netflix.
 - Well attended program.
 - A free 6-week program from 6-7:30pm on Thursday nights in April and first two Thursdays in May at the McFaul Center.
 - There is a 7th and 8th week option
 - 7th week: hoping to interview someone who is 100
 - 8th week: have a physician who will do a cooking demonstration

*Walk with the Doc Program-mile long walk at Shuck’s Park first Sunday and second Saturday of the month, and fourth Saturday of the month at Magnolia. The clinical expert speaks for about 10-15 minutes and then walks with the people answering more questions. At Magnolia, in the summertime Brad’s Produce provides fruits and vegetables to be handed out to the people who walk. In the winter they walk in the mall.

5. New Business

- a. FY 2027 County Budget Public Input
- Ms. Winkowski suggested writing a broad letter with data to support senior citizens to advocate for them
 - Ms. Winkowski will draft a letter with data to advocate for senior citizens and will send the letter to CSCN members to look over and sign
 - Find away to share with the county how important the county services are for senior citizens, and a budget is needed to support the senior citizens
- b. “Help Your Neighbor” Emergency Program
- Community micro grants: \$250 for an individual
 - Agencies need to submit
 - Mr. Santome asked Ms. Stock to look into the grants
- c. Winter Respiratory Surge & ED Capacity
- 31% vaccinated for flu
 - Maybe next flu season push for vaccination
- d. Senior Crisis Response & Fraud Prevention
- Fake labs are coming through as scams
 - People are calling on the phone telling people to take genetic tests
 - Fake laboratories: Prince Laboratories and Variant X Diagnostics

6. Stakeholder Comment

a. Stephanie White-ECDC Updates

-There was a presentation from Army Alliance and works with APG.

*Ms. Shatley shared that she is a recovering addict and has been in prison. She uses her life experiences to help recovering addicts change.

7. Confirm Next Meeting

The next meeting will be March 26, 2026, at 8:30 a.m. at the Bel Air Police Department Community Room.

8. Adjournment

Mr. Santome adjourned the meeting at 10 a.m.

Signature on File

Michael Santome, Chair

Signature on File

Kristine Reinhardt, Administrative Secretary